

## Leadership Moment Tracker

### Turning Awareness into Action

#### Purpose

This tracker helps you capture, reflect on, and act upon the small leadership moments that arise in your daily work. By logging these, you not only build self-awareness but also transform awareness into consistent bold leadership action.

#### Instructions

1. Record each leadership moment you notice or experience.
2. Reflect briefly on what happened and why it mattered.
3. Identify the action or mindset shift you'll carry forward.
4. Review weekly to see your growth patterns.

#### Weekly Tracker

Date	Leadership Moment	Why It Mattered	Next Bold Step / Action	Reflection Notes

*Tip: Aim to capture at least 3–5 leadership moments per week to record your everyday audacity in action.*

#### Reflection Prompt

- Which moments gave you the most energy?  
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- Which required courage?  
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- What patterns are emerging in how you lead?  
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